

Tab 1

Chapter 7: Work and Energy

Background/ Summary

This chapter explains how forces transfer energy to objects when they move through a displacement. It introduces the idea of work, shows how work can change an object's motion through kinetic energy, and connects these ideas through the work-energy theorem. The unit also introduces power, which measures how quickly work is done.

Major Topics Covered

- Definition of work and the dot product
- Work done by constant forces
- Work done by variable forces
- Hooke's Law and spring work
- Kinetic energy
- Work-Kinetic Energy Theorem
- Average and instantaneous power

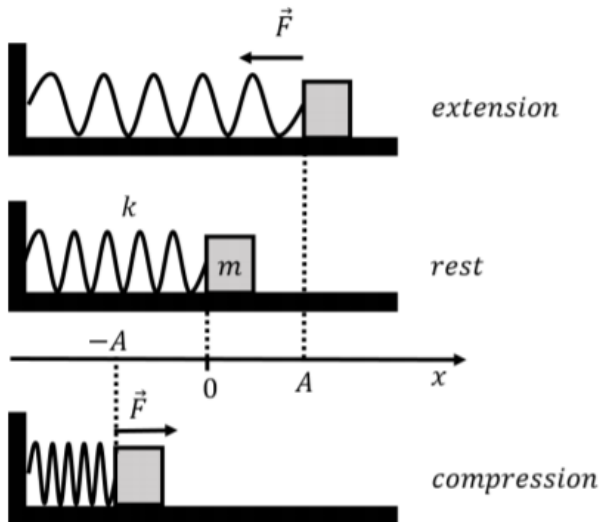
Key Vocabulary

- Work: Energy transferred when a force causes displacement. It is a scalar quantity and depends on the angle between force and motion
- Kinetic Energy: The energy an object has because of its motion.
- Work-Energy Theorem: The net work done on an object equals the change in its kinetic energy.
- Power: The rate at which work is completed or energy is transferred.
- Equilibrium Position: The point where the net force on an object is zero.
- Amplitude: The maximum distance from equilibrium in oscillating motion.

Important Equations

- $W = F\cos\theta \rightarrow$ Used to calculate work done by a constant force at an angle.
- $W = \int F dx \rightarrow$ Used when force changes with position.
- $F_{\text{spring}} = -kx$ \rightarrow Hooke's Law for spring forces.
- $W_{\text{spring}} = \frac{1}{2}kx^2 \rightarrow$ Work done by or on a spring.
- $K = \frac{1}{2}mv^2 \rightarrow$ Kinetic energy of a moving object.
- $W_{\text{net}} = \Delta K \rightarrow$ Relates net work to change in kinetic energy.
- $P_{\text{avg}} = \frac{W}{t} \rightarrow$ Average power
- $P = Fv \rightarrow$ Instantaneous power when force and velocity are in the same direction.

Spring Compression



FRQ Problems

Easy) A toy cart is pulled a distance of 6.0 m in a straight line across the floor. The force pulling the cart has a magnitude of 20 N and is directed at 37° above the horizontal. What is the work done by this force?

$W = Fd \cos \theta$
 $F = 20 \text{ N}$
 $d = 6.0 \text{ m}$
 $\theta = 37^\circ$

$W = (20)(6.0) \cos(37^\circ)$
 $W = 120(0.799)$
 $W = \boxed{95.9 \text{ J}}$

Medium) A 2.0-kg block starts with a speed of 10 m/s at the bottom of a plane inclined at 37° to the horizontal. The coefficient of sliding friction between the block and plane is $\mu_k = 0.30$. (a) Use the work-energy principle to determine how far the block slides along the plane before momentarily coming to rest.

a) $W_{net} = \Delta K$

Forces doing work while block slides up:

$W_g = -mgd \sin \theta$ ← work done by gravity while obj moves on incline

$W_f = -\mu_k mgd \cos \theta$

↑ work done by friction (neg bc friction opposes direction of motion)

$[-mgd \sin \theta - \mu_k mgd \cos \theta = 0 - \frac{1}{2}mv^2]$ work energy theorem

↳ $gd(\sin 37^\circ + \mu_k \cos 37^\circ) = \frac{1}{2}v^2$ $W_{net} = \Delta K$

$d = \frac{\frac{1}{2}(10^2)}{9.8(\sin 37 + 0.30 \cos 37)}$

$d = \frac{50}{9.8(0.602 + 0.30(0.799))}$

$d = \frac{50}{8.75} = \boxed{6.1 \text{ m}}$

$\Delta K = K_f - K_i$
 $K_f = 0$
 $K_i = \frac{1}{2}mv^2$
 $\Delta K = 0 - \frac{1}{2}mv^2$

(b) After stopping, the block slides back down the plane. What is its speed when it reaches the bottom?

b)

$W_{net} = \Delta K$

$W_g = mgd \sin \theta$ ← pos gravity bc pulls down same direction as block

$W_f = -\mu_k mgd \cos \theta$ ← neg bc opposing motion

work energy theorem $[mgd \sin \theta - \mu_k mgd \cos \theta = \Delta K]$

$mgd \sin \theta - \mu_k mgd \cos \theta = \frac{1}{2}mv_f^2$ ↗

$2(gd \sin \theta - \mu_k g d \cos \theta) = v_f^2$

$2(9.8)(6.1)(\sin 37^\circ - 0.30 \cos 37^\circ)$

$= 43.2 = v_f^2$

$v_f = \sqrt{43.2} = \boxed{6.6 \text{ m/s}}$

$K_i = 0$
 $K_f = \frac{1}{2}mv_f^2$
 $\Delta K = \frac{1}{2}mv_f^2 - 0$

Challenge Problem) Constant power P is delivered to a car of mass m by its engine. Show that if air resistance can be ignored, the distance covered in a time t by the car, starting from rest, is given by $s = (8P/9m)^{1/2} t^{3/2}$

$$P = \frac{dw}{dt} \Rightarrow \frac{dK}{dt} \leftarrow \begin{array}{l} \text{work changes} \\ \text{to kinetic energy} \end{array}$$

$$P = \frac{d}{dt} \left(\frac{1}{2} m v^2 \right) \leftarrow \text{substitue kin}$$

$$P = m v \frac{dv}{dt}$$

$$v dv = \frac{P}{m} dt$$

$$\int v dv = \int \frac{P}{m} dt$$

$$\frac{1}{2} v^2 = \frac{P}{m} t$$

$$v = \sqrt{\frac{2Pt}{m}}$$

velocity is rate of change of position

$$v = \frac{ds}{dt}$$

$$\frac{ds}{dt} = \sqrt{\frac{2P}{m}} t^{1/2}$$

integrate again to find displacement

$$s = \sqrt{\frac{2P}{m}} \int t^{1/2} dt$$

$$s = \sqrt{\frac{2P}{m}} \left(\frac{2}{3} t^{3/2} \right)$$

$$s = \frac{2}{3} \sqrt{\frac{2P}{m}} t^{3/2}$$

$$\frac{2}{3} \sqrt{\frac{2P}{m}} = \sqrt{\frac{8P}{9m}}$$

$$s = \left(\frac{8P}{9m} \right)^{1/2} t^{3/2}$$

Tab 2

